

College Day Visit
October 31
 8:30 to 10 a.m.
 Montgomery Student Center
See Greg Stanley for more information

Halloween 2002
October 31
 "Young Frankenstein"
 10 a.m.
 SGA Costume Contest
 12:30 p.m.
 followed by
 "The Rocky Horror Picture Show"
 Rotary Auditorium

College Council Meeting
November 6
 3 p.m.
 Kirkman House

Spring advising & early registration begins for current students

November 11

Spring advising & early registration begins for new students

November 13

Mooreville Center Early Registration
November 19
 5 to 7 p.m.

Spring Semester Advising & Early Registration Ends

November 20



The Inspiring Corner: Inviting Learning

Self-assessment is part of continuous improvement. However, when that evaluation is constantly negative we are setting ourselves up for failure. Alexander Dumas wrote in the nineteenth century: "A person who doubts himself is like a man who would enlist in the ranks of his enemies and bear arms against himself. He makes his failure certain by himself being the first persons to be convinced of it."

—Submitted by Employee Development

For an expanded version of **Mitchell Columns**, including archived articles, please visit our Web page:
<http://www.mitchell.cc.nc.us/columns>

Mitchell Columns

The newsletter of Mitchell Community College

Bloodmobile Visit Canceled

The Red Cross December visit sponsored by Circle K has a scheduling conflict. The on campus visit has been canceled. A new date and time is being explored.
 —Submitted by Gail Elmore (10.29.02)

Halloween Costume Contest

SGA is looking for this year's scariest, funniest, and most original costumes this Halloween. First prize is \$25. The runner-up receives \$10 (in each category). The faculty/staff will be competing for prizes too. The Halloween costume contest will take place Thursday, October 31, 2002, in Rotary Auditorium from 12:30-12:45. Even if you don't enter the contest, come and join the fun. We look forward to seeing you!
 —Submitted by Jewelye Birkhofer SGA Public Information Officer (10.15.02)

United Way News

The United Way Fund Drive is going well with 53% of faculty and staff participating. If you haven't turned in your pledge forms yet, it would be greatly appreciated if you would get them to us as soon as possible. Remember too, as an incentive, the Fair Share shopping days are just around the corner on November 13 & 14 with up to 25% savings at participating stores. There are still student fund-raisers taking place on campus. They need our support! Thank you so much to all faculty/staff and students for making this United Way campaign a great success.—Submitted by Joan Jordan (10.29.02)

Piano Concert

Mitchell Community College is sponsoring a piano concert on Sunday, November 3, 2002 at 3:00 p.m. in Shearer Hall. Arnav Tripathy, a resident of Chapel Hill, is hailed as a child prodigy since he started piano at age 4 and Yeh-Han Chen, also of Chapel Hill, will perform from the classical compositions of Bach, Beethoven and Chopin. Both Mr. Tripathy and Ms. Chen are students of Victor Recondo, an international musician and pianist of wide acclaim. This program is part of the Artist Series sponsored by Mitchell Community College. The performance is offered at no charge.—Submitted by Vicki Holland (10.29.02)

Art Exhibit

Amy Queen is a native of Clemmons N.C. She attended David Lipscomb University in Nashville Tennessee. Amy Queen received a Bachelorette Degree in Graphic Design. Amy studied with Ann Templeton, Artist and Dawn Whitelaw, Portrait Artist. Ms. Queens has recently been awarded an Artist Residency grant at Vermont Studio Center to paint galleries:

- Solo Art Gallery, Winston Salem, NC
- The Gallery of Franklin, Franklin TN
- Anne Laine Goad Artist Representative, Brentwood, TN
- Merrill Jennings, Davidson, NC. She is also a member of the Portrait Society of America.

For more information you can contact her at <http://amyqueenart.tripod.com>. —Submitted by Don Moore (10.29.02)

Early Childhood Fall Faculty and Classroom News

Kirsty Schenkel and Dede Dunst participated as exhibitors at the Baby Fair at the Statesville Civic Center in early Oct. We have also been involved in advocacy training through the Partnership. Kirsty attended the NCAEYC conference in Greensboro and serves on the local committee called the Friends of the Young Child. Dede is serving on the local preschool interagency committee, I-Care advisory committee and the Child Care Solutions advisory council. Kirsty and her music and movement class created an obstacle course for the children at Harmony Ele. Dede is serving on the NC Professional Development Review Board and also with the statewide BK Consortium. Dede's Exceptional Child class has been working with the children at the new Life Span School and has observed the three exceptional child classrooms at Mt. Mourne Ele., Northview Ele. and NB Mills Ele. this semester. Kirsty and Dede held the Early Childhood Advisory Council on Sept. 24th at 5:30 at Cherry Street. The next EC advisory council mtg. is scheduled for Jan. 23rd at 5:30 at Cherry Street Center.
 —Submitted by Dede Dunst (10.29.02)

MCC Sesquicentennial Gift Options

The Mitchell Community College sesquicentennial Christmas ornament is now available through the Development Office or the College Bookstore. Profits from the ornaments will go to the Mitchell Community College Endowment for Excellence. These ornaments make the perfect Christmas gift—cost is \$15.00. The Mitchell Community College Cookbook contains 500 recipes from faculty, staff, students and members of the community. A special feature will be recipes from the 1937 Mitchell College Cookbook and a brief history

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Full-Time Employee Birthdays

October 29 through November 4

Sandy Wallace Oct. 30th
 Gail Warner Oct. 31st
 Phyllis Mayberry Nov. 1st

of the importance of food and fellowship to the College, written by Bill Moose. Profits from the cookbook will go to the Mitchell Community College Endowment for Excellence. The cookbook will go on sale at the end of November—just in time for Christmas presents—cost is \$15.00. *The Mitchell Community College ornament and the cookbook may be purchased in the College Bookstore. For delivery, please send your request to Mrs. Mary Johnson, Mitchell Community College, 500 West Broad Street, Statesville, NC 28677. The ornament and the cookbook are \$15 each. For each order, add \$5 for postage and handling. For orders of five or more items add \$10 for postage and handling. Please write check to Mitchell Community College. We are not able to process credit card orders. For information please telephone Mrs. Johnson at 704.878.3356.* —Submitted by William Findt (10.22.02)

MIND Center Workshops

- **Making Connections: Transfer Student Information Session**

Tuesday, October 29, 12:20-1:20 p.m., VB-210

Are you planning to transfer to a four-year college upon graduation from MCC? Or are you just considering the possibility of a four-year degree? If so, join us for this important workshop! We will have materials and guests from the area four year colleges so that you can make a seamless transition to your future studies after Mitchell. **Facilitator: Doug Rhoney and local four-year transfer admissions specialists**

- **Puttin' the Punk in Punctuation**

Thursday, October 31, 12:20-1:20 p.m., VB-210

The Grammar Guy will put the punk back in your punctuation during this festive Halloween workshop. Don't be spooked by those monstrous punctuation rules, learn how to master them! The workshop will focus on the most common errors and how to avoid them, especially on dark nights! Halloween treats will be served at this session. **Facilitator: Bim Staton**
—Submitted by Dean Blackwelder (09.17.02)

Seminars for Today's Health Topics

- **Adult Onset Diabetes**

Thursday, November 7, 7 p.m., Rotary Auditorium. There are many questions about adult onset diabetes, a form of diabetes that occurs after the age of 20. "Can it happen to me?" "What are the signs?" "What can I do to prevent it?" You can learn

the answers to these questions and more as this seminar explains about adult onset diabetes. **Presenter: Wanda Rushton RN, FNP** works with Dr. Kellie Faulk. Specializes in endocrine disorders such as diabetes.

- **New Approaches to Hormone Replacement**

Thursday, November 14, 7 p.m., Rotary Auditorium. Explore the history and problems associated with hormone replacement therapy. Whether you have problems with PMS, libido, or post-menopausal symptoms, you will benefit from knowledge gained in this seminar. There are many options and you have a choice. Make an informed decision. **Presenter: Fred W. Lowry, Jr., RPh., FACA** works at Lowry Drug Company. His specialty is in natural hormone replacement and he has extensive training in natural medicine. *All seminars are FREE and will be held in the Rotary Auditorium, located on the Main Campus of Mitchell Community College, at 7:00 p.m. For more information, call the Continuing Education Center at 704.878.3220.* —Submitted by Deedie Springer (10.29.02)

Halloween 2002

October 31 ♦ Rotary Auditorium

SGA Costume Contest

12:30 p.m.

followed by

"The Rocky Horror Picture Show"

*Donations gratefully accepted at the door—
will go towards the student United Way goal.*

For more details, go to <http://www.mitchell.cc.nc.us/columns/Rocky.htm>

**Note: Young Frankenstein has been CANCELLED
due to a scheduling conflict.**



From the President's Desk . . .

As many of you know, events in life often leave us conflicted. Such was the case last Wednesday, October 23. I knew my daughter had gone to the hospital to have her labor induced around noon that day, but I also knew that the Mitchell Board of Trustees was meeting that night at 7:30 p.m. and that our budget and salary plan for 2002-2003 would be the major items on the agenda. I assumed that I could get through the Board meeting and then drive to Hartsville, South Carolina for the birth. Well, I almost made it. Sophia Ellen Lefew, daughter

of Ken and Lenora Lefew, arrived a 12:18 a.m. I arrived at the hospital at 12:30 a.m. Well, the Grandpaw is pretty much a non-essential participant anyway. The happy occasion was marred by the fact that after a long, difficult labor the doctor decided to do a Caesarian section delivery. We were relieved when we saw the beautiful 8.6-pound baby and visited with our daughter in the recovery room. Unfortunately, later in the morning our daughter's blood pressure dropped alarmingly to 80/44. Needless to say, this frightened us greatly and the doctors began to work with her to get her blood pressure up. During the afternoon they discovered that she had a large hematoma between the muscle sheaths in her stomach where the incision had been made. During Thursday night they gave her three pints of plasma and two pints of blood. On Friday morning she was operated on again to evacuate the hematoma which we later learned contained 500cc of blood. That's about 16 fluid ounces. She came through the surgery fine and was given two more pints of blood that afternoon. She has begun her recovery from the two surgeries and is nursing Sophia like a trooper. Laurel and I are very proud of our new granddaughter but we are also very grateful that our daughter is doing well and is on the road to recovery. I want to thank everyone for your thoughts and concerns for us during this challenging but happy time. Now you know why I was not at the Faculty-Staff Assembly on Thursday of last week!

Faculty/Staff Profiles



Joyce Chambers (Administrative Assistant for Allied Health)

My name is Joyce Chambers. I'm an Administrative Office Assistant for the Allied Health Office at the Cherry Street Center. I have been employed at Mitchell for four years. I graduated at Mitchell Community College in 1997 with a certificate in Administrative Office Technology. I'm married to Ronnie Chambers, who works in the library as the Computer Lab Coordinator. We have four children and eight grandchildren. I love the work that I do at Mitchell because of the challenges that it entails. I also enjoy meeting all the interesting people that I encounter. In closing, Mitchell Community College is a great place to work because of the Faculty and Staff that I work with.



Lynne Lepley (Chaplain)

I have served as College Chaplain since October of 2001. My office is in room 204 of the Student Center, and I am on campus for 10 hours each week. I have been an ordained United Methodist minister for 14 years, and I currently pastor Catawba UMC in Catawba, NC, along with my husband, Ralph. I have long had close ties with Mitchell, having graduated in 1975. My brother is Bill Moose, who has taught history at MCC for many years. As chaplain, my goals are to provide a spiritual presence for the campus, and to be as accessible to students, faculty and staff as possible.