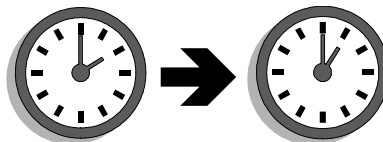


Mitchell Columns

For an expanded version of
Mitchell Columns, including
archived articles, please visit our
Web page:
[http://www.mitchell.cc.nc.us/
columns](http://www.mitchell.cc.nc.us/columns)

The newsletter of Mitchell Community College

Remember to set your clocks back **ONE HOUR**
at 2 a.m. on Sunday, October 27!



Fall Back!

Inter-Office Envelopes

In order to keep costs down, please use something other than official MCC envelopes for inter-office mail. These envelopes are expensive and should only be used for official letters. Brown manilla envelopes or any envelopes that have already been used will work fine for inter-office mail. —Submitted by Judy Phillips (10.22.02)

CACRAO College Visit

The fall CACRAO college visit will be held Thursday, October 31 from 8:30 to 10 a.m. in the Montgomery Student Center. Representatives from North Carolina colleges and universities will be available to answer questions that students may have regarding transfer and admissions. Please remind your students of this important event. —Submitted by Greg Stanley (10.22.02)

Altes Gymnasium Band

The Altes Gymnasium Band from Flensburg, Germany, will be performing on Saturday, October 26, 2002 at 3:00 p.m. in Shearer Hall. The band will perform traditional and modern jazz music. It was the enthusiasm of the young people in Flensburg, a city which is on the

German border with Denmark, that created the Youth Big Band. —Submitted by Vicki Holland (10.15.02)

Halloween Costume Contest

SGA is looking for this year's scariest, funniest, and most original costumes this Halloween. First prize is \$25. The runner-up receives \$10 (in each category). The faculty/staff will be competing for prizes too. The Halloween costume contest will take place Thursday, October 31, 2002, during the movie intermission in Rotary Auditorium from 12:30-12:45. Even if you don't enter the contest, come and join the fun. We look forward to seeing you! —Submitted by Jewelye Birkhofer SGA Public Information Officer (10.15.02)

NCADE Meeting at MCC

MCC's Developmental Education department will serve as one of three hosts for the NC Association for Developmental Education "virtual" conference on
Continued on pg. 2

The Mitchell Community College sesquicentennial Christmas ornament is now available through the Development Office or the College Bookstore. Profits from the ornaments will go to the Mitchell Community College Endowment for Excellence. These ornaments make the perfect Christmas gift—cost is \$15.00.



TASTES CHANGE, GOOD RECIPES ENDURE



MITCHELL COMMUNITY COLLEGE
COOKBOOK 2002

The Mitchell Community College Cookbook contains 500 recipes from faculty, staff, students and members of the community. A special feature will be recipes from the 1937 Mitchell College Cookbook and a brief history of the importance of food and fellowship to the College, written by Bill Moose. Profits from the cookbook will go to the Mitchell Community College Endowment for Excellence. The cookbook will go on sale at the end of November—just in time for Christmas presents—cost is \$15.00.

The Mitchell Community College ornament and the cookbook may be purchased in the College Bookstore. For delivery, please send your request to Mrs. Mary Johnson, Mitchell Community College, 500 West Broad Street, Statesville, NC 28677. The ornament and the cookbook are \$15 each. For each order, add \$5 for postage and handling. For orders of five or more items add \$10 for postage and handling. Please write check to Mitchell Community College. We are not able to process credit card orders. For information please telephone Mrs. Johnson at 704.878.3356.

—Submitted by William Findt (10.22.02)

Volleyball Free Play

October 25

12:20 p.m.

Field Beside Friends' House

Altes Gymnasium Band

October 26

3 p.m.

Shearer Hall

Last day to drop/withdraw from 16-week session without a grade of 'F'

October 28

College Day Visit

October 31

8:30 to 10 a.m.

Montgomery Student Center

See Greg Stanley for more information

Halloween 2002

October 31

"Young Frankenstein"

10 a.m.

SGA Costume Contest

12:30 p.m.

followed by

"The Rocky Horror Picture Show"

Rotary Auditorium

College Council Meeting

November 6

3 p.m.

Kirkman House

Spring advising & early registration begins for current students

November 11

Spring advising & early registration begins for new students

November 13

Mooreville Center Early Registration

November 19

5 to 7 p.m.

Spring Semester Advising & Early Registration Ends

November 20

The Inspiring Corner: Inviting Learning

The smallest negative factor can have a tremendous impact. As James Thomson wrote in 1730: "Oft, what seems a trifle, a mere nothing, by itself in some nice situations, turns the scale of fate, and rules the most important actions." —Submitted by Employee Development

Full-Time Employee Birthdays

October 22 through 28

John Whiteheart	22nd
Kirby Moore	22nd
David Damron	23rd

November 1. The group will meet in the Information Highway Room from 9:00-1:00. Edith Lang from NCCCS will provide an update of issues and events from the system office, and

featured presenters Suzanne Wehner and Joy Clawson of ASU will share effective methods for students' transition to the college environment. Please help us welcome our visitors to campus that day. For more information, contact me at x4319.

—Submitted by Roxanne Newton (10.22.02)

Oppression and Resistance: Women in Afghanistan

Dr. Alicia Lucksted, a psychology professor at the University of Maryland, will present a lecture on RAWA, the Revolutionary Association of the Women of Afghanistan, on Sunday, November 3, at 7 p.m. in Shearer Hall. The lecture, entitled "Oppression and Resistance," will focus on efforts by members of this organization to promote secular democracy, participation in public life for women and girls, and respect for all human rights. Dr. Lucksted is a volunteer supporter of RAWA, which has been active since 1977. Curriculum and continuing education employees and students are encouraged to attend, but members of the Iredell-Statesville community are welcome. Please join us for this important discussion of hope and determination by members of this powerful resistance initiative in a repressive society. For more information or background articles on RAWA, contact me at x4319 or at

rnewton@mitchell.cc.nc.us. —Submitted by Roxanne Newton (10.22.02)

MIND Center Workshops

● Stress Relief for Grammar Tension: Verb Tenses Explained

Thursday, October 24, 12:20 to 1:20 p.m., VB-210

Do you have an infusion of confusion about your verb tenses? Clear the air, so you won't swear at your papers returned with red ink because you have the dreaded tense shifts. The Grammar Guy will teach you the proper verb forms for all your writing needs. **Facilitator: Bim Staton** —Submitted by Dean

Blackwelder (09.17.02)



From the President's Desk . . .

Congratulations and "Thank You" to the Mitchell Student Government Association! Our SGA continues to make a positive impact on life at Mitchell Community College. While Fall Week started out with a shower or two, the sun came out and provided some of the most beautiful fall days in memory. The Iron Man Challenge and other games filled the Circle for a couple of days providing a colorful change as well as the opportunity for folks to test their stamina and

strength. Congratulations, SGA, for keeping things lively on campus. And thank you for all your service to the College. The SGA officers this year are working as MCC ambassadors at various events. I was at the Statesville Chamber of Commerce 75th Anniversary Street Fair on Saturday, and the SGA folks were there promoting Mitchell Community College! They must have been pretty good ambassadors for the College because they had given away almost all of the MCC materials when I visited them about 2:00 p.m. Great job! They also assisted with the fall meeting of the Endowment for Excellence Board the first Monday in October. We are fortunate to have such a supportive group of folks serving as SGA officers this year. Our student clubs are certainly doing their part as well. I have bought hotdogs, pizza, and baked goods as well as soft drinks from various club groups. The clubs continue to raise money for United Way, though they still have a way to go to reach the student goal. It's wonderful to see the Mitchell tradition of mutual support and caring by students, faculty, and staff carried out in such a powerful way. Congratulations to all and "Thank You"!

Halloween 2002

October 31 ♦ Rotary Auditorium

"Young Frankenstein"

10 a.m.

SGA Costume Contest

12:30 p.m.

followed by

"The Rocky Horror Picture Show"

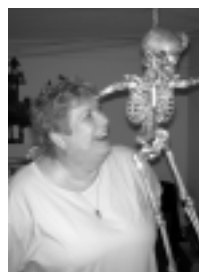
*Donations gratefully accepted at the door—
will go towards the student United Way goal.*

Faculty/Staff Profiles



Candy Kegarise (Assessment/Retention Specialist)

I have been employed at Mitchell Community College for the last 19 years. Prior to being employed here, I was a student here. I earned my associate in arts degree from Mitchell in 1981 and my B.S. degree from Gardner-Webb University in 1983. This was at a time when Gardner-Webb classes were held at Mitchell Community College. So I feel as if most of my adult life has been spent here, and I can say that MCC has been very good to me. First they educate me and then they hire me! I have an MA in reading education from Appalachian State University and have taught adults basic reading and math skills as well as English as a second language. I enjoy teaching adults and watching as they continue to improve their chance for a better life through education. The GED graduation, held each May, is one of the proudest days for many of our students and one of the proudest days for me as well. I have two sons and three beautiful grandchildren.



Lisa Cooper (Criminal Justice Program Coordinator, Faculty Senate Chair)

I have just finished my fifth year here at MCC. I started out at a two-year college (Louisburg Jr. College) many, many years ago and continued at Trident Technical College in Charleston, where I discovered that I had a true passion for learning about criminal justice. Much to my parents' dismay, I decided that law enforcement was for me (back in 1979 some of you might well understand where my folks were coming from). I graduated from UNCC with a BS in criminal justice. I was granted a graduate assistantship at the University of South Carolina, where I became a police officer with the university police while I finished graduate school. I spent 7 years as a cop in South Carolina when I finally knew what I wanted to be when I grew up—a teacher. For five years I taught as an adjunct at Greenville (SC) Tech. and then was hired here and returned to my hometown. I am married to Mike, a postal worker, former Marine and Vietnam vet. I have a 27 year-old stepson, Tommy, and a 7 year-old daughter named Brittany-Anne.